Video Article

Modeling the Early Steps of Ovarian Cancer Dissemination in an Organotypic Culture of the Human Peritoneal Cavity

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Video Link

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Abstract

The pattern of ovarian cancer metastasis is markedly different from that of most other epithelial tumors, because it rarely spreads hematogenously. Instead, ovarian cancer cells exfoliated from the primary tumor are carried by peritoneal fluid to metastatic sites within the peritoneal cavity. These sites, most notably the abdominal peritoneum and omentum, are organs covered by a mesothelial-lined surface. To investigate the processes of ovarian cancer dissemination, we assembled a complex three-dimensional culture system that reconstructs the lining of the peritoneal cavity in vitro. Primary human fibroblasts and mesothelial cells were isolated from human omentum. The fibroblasts were then mixed with extracellular matrix and covered with a layer of the primary human mesothelial cells to mimic the peritoneal and omental surfaces encountered by metastasizing ovarian cancer cells. The resulting organotypic model is, as shown, used to examine the early steps of ovarian cancer dissemination, including cancer cell adhesion, invasion, and proliferation. This model has been used in a number of studies to investigate the role of the microenvironment (cellular and acellular) in early ovarian cancer dissemination. It has also been successfully adapted to high throughput screening and used to identify and test inhibitors of ovarian cancer metastasis.

Introduction

Ovarian cancer is the deadliest gynecologic malignancy¹. The majority of patients are diagnosed after the cancer has disseminated throughout the peritoneal cavity. Once the cancer has spread throughout the peritoneal cavity, cytoreductive surgery and chemotherapy are often not sufficient treatment to prevent cancer recurrence and chemoresistance, resulting in a less than 30% 5-year survival rate. Ovarian cancer metastasis is predominantly limited to the peritoneal cavity, and several other cancer types, including gastric, pancreatic, and colon cancers, metastasize to the same anatomic sites in the peritoneal cavity. In general, ovarian cancer cells detach from the in situ carcinoma in the fallopian tube or the primary ovarian tumor, travel in peritoneal fluid as single cells or spheroids, and attach to mesothelium-lined surfaces of the omentum, bowel, and abdominal wall².

The tumor microenvironment plays an important role in disease progression and chemoresistance in many cancers³-⁶. The peritoneal cavity is a unique microenvironment, with a mesothelial cell monolayer covering the majority of surfaces (Figure 1A)⁷. The mesothelial lining acts as a barrier that creates a low-friction surface, which tends to be protective against cancer cell adhesion⁸. Immediately underneath this mesothelial-lined surface is a layer made predominantly of fibroblasts and extracellular matrix (ECM), which promote cancer cell adhesion and invasion⁹. Ovarian cancer cells secrete factors that induce changes in the mesothelial cell lining that enhance ovarian cancer cell adhesion, invasion, and metastasis⁹-¹⁰. Ovarian cancer cells adhere to the mesothelial surface via integrin and CD44-mediated mechanisms (Figure 1B)¹¹-¹⁵.

Historically, several 3D models have been developed to investigate ovarian cancer interactions with the microenvironment. Some of the first models studied ovarian cancer-ECM interface¹⁷-²¹, ovarian cancer-mesothelial cell communication¹³,¹⁴,²¹-²⁴, or both²⁵ (reviewed by us²⁵). Niedbala et al. discovered that ovarian cancer cells display a quicker and firmer adhesion to ECM than to mesothelial cells or to plastic alone²⁶. However, these models did not histologically resemble the peritoneal microenvironment. Therefore, we established a 3D organotypic model to more thoroughly replicate the ovarian cancer microenvironment. In order to better understand the role of the microenvironment and the interaction between cancer and peritoneal cells in the peritoneal dissemination of ovarian cancer, we have developed a 3D organotypic in vitro culture model of the peritoneal cavity lining (schematic in Figure 1C). The proposed model is composed of primary human fibroblasts and ECM, covered with a layer of primary human mesothelial cells-each cell type is isolated from human omentum. Histologically, this model resembles the normal peritoneal or omental lining, and provides a surface on which we can study the tumor microenvironment, the interaction between cancer cells and normal tissue, and the processes of cancer cell adhesion, invasion, and proliferation⁸.
2. Plating the Organotypic Culture

1. Release NOF from the 75 cm² culture flask by rinsing with 10 ml of PBS followed by 3 ml of 0.25% trypsin/25 mM EDTA for no more than 5 min. Neutralize trypsin with at least 3 times the volume of full growth media.

2. Primary human mesothelial cell isolation

   1. To isolate HPMC, transfer the minced tissue into 50 ml conical tubes and wait 1 min for the solid pieces to float to the top (Figure 2C & D). HPMC and red blood cells (RBC) will be present in the liquid on the bottom. Use a pipet to remove the liquid from the bottom of the tube and into a new conical tube. Spin the liquid down at 0.5 x g for 3 min and aspirate the supernatant from the HPMC/RBC pellet.
   2. Plate all cells from the pellet into a 75 cm² culture dish (Figure 2B).
   3. Perform a secondary PBS wash to isolate additional HPMCs.
      1. For the secondary PBS wash, shake the remaining solid tissue at 200 rpm, 37 °C for 10 min in 20 ml of PBS, then wait 1 min for the tissue to float to the top. Remove the liquid from the bottom of the tube into a new tube, centrifuge at 0.5 x g for 3 min, and aspirate the supernatant.
      2. Plate all the HPMC/RBC from the secondary PBS wash in a separate 75 cm² flask in 15 ml of full growth media.
   4. To isolate any remaining HPMC, shake the minced tissue at 200 rpm, 37 °C degrees for 10 min in 20 ml of a 1:1:0.25% trypsin 25 mM EDTA/PBS solution by volume. Allow the tissue to rise, collect the liquid at the bottom of the tube into a new 50 ml tube, and spin down at 0.5 g x 3 min.
      1. Aspirate the supernatant and plate all the HPMC/RBC in a separate 75 cm² flask in 15 ml of full growth media.
   5. Culture the plated cells at 37°C and 5% CO₂ in a humidified environment. Feed plated cells by adding 15 ml of full growth media on days 3 and 5 without removing the spent media. HPMC can be cultured for 5-7 days before splitting.
      1. Use low-passage HPMC (up to passage 2) in all experiments to minimize dedifferentiation and modification of original phenotype. Use a wide-field microscope preferably with a 20x objective with plastic differential interference contrast capabilities or 4-20x objective with phase contrast capabilities (phase contrast filters on microscope) for taking all images of cells, and a 10x objective (jin bright field to analyze immunohistochemical 3,3'-Diaminobenzidine (DAB) staining.
   6. Confirm that the HPMC are cuboidal and express cytokeratin 8 and vimentin by performing immunohistochemistry (Figure 3A, C, E).

3. NOF isolation

   1. Prepare 10 ml of a stock of collagenase type III solution (10x) by combining a 1:1:1 mixture of 100x Pen-Strep: 1,500 units activity/ml of collagenase type III: 714 units activity/ml of hyaluronidase in PBS.
   2. Shake the minced omentum tissue that remains after HPMC isolation at 200 rpm, 37 °C for 6 hr in 10 ml of the 10x collagenase type III solution diluted in serum-free media (DMEM with 1% MEM vitamins [93 mg/L], 1% MEM nonessential amino acids [81.4 mg/L], 1% penicillin streptomycin [Pen-Strep, 100 U/ml penicillin and 100 µg/ml streptomycin]). Digested tissue will look opaque and may have some fibrous debris (Figure 2E).
   3. Centrifuge the solution containing NOF cells in suspension at 0.5 x g for 3 min at RT, aspirate the supernatant and plate the pellet in a 75 cm² flask in 13 ml of full growth media.
   4. Remove old media and replace with 15 ml of fresh full growth media after 24 hr. NOF can be cultured for 1-3 days before splitting. Note proliferation of the NOF will cease when the cells reach confluence.
   5. Confirm that the primary human fibroblasts are flat, elongated cells and express vimentin but not cytokeratin 8 by performing immunohistochemistry (Figure 3B, D, F). Use low-passage NOF for experiments (ideally before passage 3) to minimize dedifferentiation and modification of original phenotype. Use a wide-field microscope with a 20x objective with plastic DIC capabilities for taking all phase images of cells, and a 10x objective in bright field to analyze immunohistochemical DAB staining.

2. Plating the Organotypic Culture

   1. Release NOF from the 75 cm² culture flask by rinsing with 10 ml of PBS followed by 3 ml of 0.25% trypsin/25 mM EDTA for no more than 5 min. Neutralize trypsin with at least 3 times the volume of full growth media.
3. Adhesion Assay

1. After recovery, pellet the ovarian cancer cells by spinning for 3 min at 0.5 x g and then remove the supernatant and dilute the cells in the appropriate volume of serum-free media to achieve a concentration of 50,000 cells/100 µl.

2. Invert the 96-well plates with the HPMC/NOF organotypic cultures to remove spent media, and add 100 µl of the cancer cell suspension in serum-free media to each well. Incubate the plate at 37 °C in 5% CO₂ in a humidified environment for 30 min to 4 hr.

3. Invert the 96-well plate to remove media and non-adherent cells. Use a multichannel pipet at low power to carefully and gently pipet 100 µl of PBS into each well, and invert plate again. Repeat the PBS wash once more.

4. Invert to remove PBS and add 100 µl 4% paraformaldehyde to each well. Allow the plate to sit for 20 min to fix the cells. After 20 min, invert the plate and add 100 µl PBS.

5. Note that the total fluorescence of wells can be reported or the number of cells can be quantified. For quantification, first plate a standard curve in duplicate using HeyA8 cells at a concentration of 1 million cells/ml.
   1. Make the standard curve by spinning down 1 million cells, removing media, and allowing them to sit in 1 ml 4% paraformaldehyde for 20 min.
   2. Spin cells again and bring up in 1 ml PBS (recount cells to confirm 1 million/ml concentration). Plate 50,000, 40,000, 30,000, 20,000, 10,000, 5000, 1,000, and 0 cells into each well in duplicate, and add PBS for a final total volume of 50 µl in each well.

6. Bottom read the culture plate on a fluorescent plate reader (excitation = 488 nm, emission = 528 nm), scaling high wells (50,000 on standard curve). Use the standard curve to calculate how many ovarian cancer cells adhered to the organotypic culture in each well (Figure 4A-C).

4. Proliferation Assay

1. After the ovarian cancer cells recover (see steps 2.5 and 2.6 above), pellet the cells by spinning for 3 min at 0.5 x g and then dilute the cells in the appropriate volume of 1% FBS media (DMEM with 1% FBS, 1% MEM vitamins [93 mg/L], 1% MEM nonessential amino acids [81.4 mg/L], 1% penicillin streptomycin [Pen-Strep, 100 U/ml penicillin and 100 µg/ml streptomycin]) to achieve a concentration of 4,000 cells/150 µl.

2. Invert the 96-well plate with the HPMC/NOF organotypic cultures to remove spent media, and add 150 µl of the cancer cell suspension in 1% FBS media to each well. Incubate the plate at 37 °C in 5% CO₂ in a humidified environment for 24 hr.

3. Bottom read the culture plate on a fluorescent plate reader once a day (excitation = 488 nm, emission = 528 nm) to evaluate the relative proliferation of cells. Continue the assay for 96 hr, changing the media at 48 hr (Figure 5A-C). Be careful not to disturb the culture when changing media (inverting the plate is preferable).

5. Invasion Assay

1. Before plating the 3D culture, add 7.5 µg rat-tail collagen I in 200 µl PBS to a 24-well culture plate insert (8 µm pore size). Let the plate incubate O/N, then carefully remove the PBS with a pipet immediately before plating the HPMC/NOF organotypic culture onto the collagen-coated inserts (step 2, above).

2. Prepare the ovarian cancer cells as in step 3.1. To plate the ovarian cancer cells onto the organotypic cultures on the inserts, carefully use a pipet to remove excess media from the top of the inserts. Add 100 µl of the ovarian cancer cell suspension in serum-free media to each well.

3. Add 750 µl of full growth media into the well below the insert to induce cancer cell invasion into the organotypic cultures. Incubate the plate at 37 °C in 5% CO₂ in a humidified environment for 24 hr.

4. Release HPMC from the culture flask using the same methods described in steps 2.1 and 2.2. Dilute cells in the appropriate amount of full growth media to plate 10,000-20,000 HPMC per 50 µl on top of the NOF already plated with collagen I in 96-well plates. Let the cells sit at 37 °C in 5% CO₂ in a humidified environment for at least 18 hr before beginning experiments.

5. Culture green fluorescent protein (GFP)-expressing HeyA8 ovarian cancer cells in full growth media. HeyA8 ovarian cancer cells are fluorescently labeled by expression of a lentiviral vector expressing copepod cGFP (pCDH-CMV-MCS-EF1). HeyA8 ovarian cancer cells should be 80-90% confluent on the day of use (logarithmic growth phase). Release cells from the culture plate and count using the same methods described in steps 2.1-2.2 for primary cells.

6. Allow ovarian cancer cells to recover in full growth media for 15-20 min at 37°C in a conical tube with the lid loosely sealed.

Figure 4A-C
Representative Results

The organotypic culture was assembled by first mixing primary human fibroblasts with collagen type I and then overlaying this culture with 5 times the number of mesothelial cells. The culture was incubated for at least 18 hr before ovarian cancer cells were added to study adhesion, invasion or proliferation. Each assay was repeated with multiple (n=3-5) 3D cultures obtained from different patients and numerous wells were tested in each condition for the adhesion (n=5), proliferation (n=5) and invasion assays (n=3). Ovarian cancer cells adhered to the 3D organotypic culture after 4 hr (Figure 4), proliferated on the culture after 72 hr (6 times the HeyA8 cell doubling time) (Figure 5), and invaded after 24 hr (Figure 6). The adhesion, proliferation and invasion of HeyA8 ovarian cancer cells was integrin-dependent (Figure 4-6). Specifically, the RGD peptide and blocking antibodies to α5-integrin, β1-integrin and αvβ3-integrin inhibited the ovarian cancer cell adhesion to the organotypic culture, while the RAD peptide, control antibody and β4 integrin antibody did not (Figure 4). In the proliferation assay, the RGD peptide and blocking antibodies to α5- and β1-integrin inhibited ovarian cancer cell proliferation on the organotypic culture, while the RAD peptide, control antibody, αvβ3-integrin antibody and β4-integrin antibody did not (Figure 5). In the invasion assay, the RGD peptide and blocking antibodies to α5- and β1-integrin inhibited, while the αvβ3-integrin antibody enhanced ovarian cancer cell invasion through the 3D organotypic culture. The RAD peptide, control antibody, and β4-integrin antibody did not affect invasion (Figure 6). Rarely, these assays will be un-interpretable (i.e., α5-integrin blocking antibody will not inhibit adhesion, proliferation or invasion when compared to the control antibody). Previously, we have found that certain organotypic cultures will wash away upon changing of the media or PBS washing during the assays. In addition, if the ovarian cancer cells are dead or have not recovered long enough from the trypsin digest to re-express integrins, the assays will not work. Therefore, it is always important to have a positive and negative control in each assay so the quality of the organotypic culture and ovarian cancer cell assay can be assessed. As shown here, the RGD peptide, α5-integrin and β1-integrin blocking antibodies all inhibited ovarian cancer cell adhesion, invasion and proliferation to the organotypic culture and could be used as positive controls in future assays. Likewise, β4-integrin blocking antibody did not affect ovarian cancer cell adhesion, invasion and proliferation to the organotypic culture and could be used as a negative control in future assays.

Figure 1. Histology of human omental metastasis. Hematoxylin and eosin stain of (A) normal human omentum (MC, mesothelial cells, Fib, fibroblasts, Adi, adipocytes) and (B) ovarian cancer omental metastasis (Met, ovarian cancer metastasis). Bar in panels = 100 μm in length. (C) Schematic of the 3D organotypic model of ovarian cancer metastasis mimicking early ovarian cancer cell metastasis to the surface of the human omentum. Please click here to view a larger version of this figure.
Figure 2. Isolation of primary human omental cells. (A) A piece of omentum is collected at surgery in PBS and transported to the laboratory. The tissue is pelleted at 0.5 x g x 3 min and transferred to fresh PBS. (B) The piece of omentum is transferred to a 10 cm petri dish, washed with PBS, and scalpels are used to cut the omentum into small pieces (0.5 cm³). (C-D) The tissue pieces are collected using a 25 ml serological pipette and transferred into a 50 ml conical tube for isolation of HPMC. PBS is removed from the tube and HPMC are pelleted from the PBS a 0.5 x g at 37°C. (MC, mesothelial cells, RBC, red blood cells, Fib, fibroblasts) (E) NOF are isolated from the remaining omental tissue after incubation with hyaluronidase and collagenase type III. The image shows the tissue after a 6- to 12-hr digestion. NOF are pelleted by spinning at 0.5 x g at RT. Please click here to view a larger version of this figure.
Figure 3. Characterization of HPMC and NOF isolated from human omentum tissue. Phase-contrast images of (A) mesothelial cells (HPMC) and (B) fibroblasts (NOF) after isolation from omentum tissue. Human HPMC stained for (C) cytokeratin 8 and (E) vimentin. Human NOF stained for (F) vimentin, but did not stain for (D) cytokeratin 8. Bar = 100 µm, applies to all panels. Please click here to view a larger version of this figure.
Figure 4. Ovarian cancer cell adhesion to the organotypic culture is integrin-dependent. (A) The adhesion assay was performed with 50,000 fluorescently-labeled ovarian cancer cells, HeyA8 cells, as described in the Protocol section. The total fluorescence in each well is reported. The control antibody is mouse IgG. Each bar represents the mean +/- standard error mean. Representative (B) phase-contrast and (C) fluorescent images of ovarian cancer cell adhesion to the organotypic culture. Bar = 100 µm, applies to both panels. Please click here to view a larger version of this figure.

Figure 5. Ovarian cancer cell proliferation on the organotypic culture is integrin-dependent. (A) The proliferation assay was performed with 4,000 fluorescently-labeled ovarian cancer cells, HeyA8 cells, as described in the Protocol section. The total number of cells is reported. The control antibody is mouse IgG. Each bar represents the mean +/- standard error mean. Merged phase-contrast and fluorescent images of ovarian cancer cell proliferation on the organotypic culture at (B) 24 and (C) 96 hr. Bar = 100 µm, applies to both panels. Please click here to view a larger version of this figure.
Discussion

An organotypic model of the peritoneal microenvironment was established to assess the individual and collective function(s) of both the cellular and innate components of the microenvironment in ovarian cancer dissemination. The specific protocols for plating and customizing the 3D organotypic culture to investigate ovarian cancer cell adhesion, proliferation, and invasion are provided. Primary human omental mesothelial cells and fibroblasts were isolated from patients and used at an early passage to preserve normal morphology and patient variation. In this model, normal omental fibroblasts and ECM (typically collagen type I) were layered with a primary human mesothelial cell monolayer. This model histologically mimics the peritoneal lining, and allows us to recreate and examine key events in ovarian cancer metastasis including ovarian cancer cell adhesion, proliferation, and invasion.

Previously, limited 3D models have been established to investigate ovarian cancer interactions with the microenvironment, while this 3D organotypic model is the first to recreate the construction of the mesothelial-lining of the peritoneal cavity. The human omentum is collected from patients varying in age and health. The health of the tissue directly affects the mesothelial cell and fibroblast isolation techniques. The healthier tissue appears lighter in color with very small lobules (1-3 mm) compared to tissue that is more orange in color with large lobules present (>5 mm). The majority of HPMC slough off in the initial PBS as the tissue is carried from surgery to the laboratory. The healthier the tissue, however, the more resilient the HPMC are to removal, and additional PBS washes and the 1:1 PBS:trypsin digest may result in a mixed culture of HPMC and NOF cells. In the healthier tissues, some HPMC can survive the 6-hr collagenase digest, and a digest O/N in 1x collagenase solution in full growth media is recommended to obtain a pure NOF culture. Note the omentum must be placed immediately in PBS upon removal or no HPMC will be recovered from tissue. Furthermore, if the tissue is stored in PBS for an extended period of time (>2 hr) at RT or in a refrigerator, the number of viable HPMCs isolated is significantly reduced.

A 1:5 ratio of fibroblasts to mesothelial cells is plated to mimic the ratio of fibroblasts to mesothelial cells in vivo. It is important to note that the size of isolated mesothelial cells varies from patient to patient and this may require adjustment to the plating ratio. The mesothelial cells of some patients are much smaller; in these cases, we plate double the number of mesothelial cells (20,000). In addition, the primary cells are always used at an early (1-2) passage to preserve morphology. Mesothelial cells can be cuboidal or spindly, and cuboidal mesothelial cells become more spindly as they are passaged, or with greater exposure to conditioned media from ovarian cancer cells or treatment with TGFβ.

Ovarian cancer cells may adhere to and invade through the mesenchymal mesothelial cells more efficiently than the epithelial mesothelial cells from the same or different patients. Typically, we set up the organotypic culture for 18 hr before starting the functional assays with ovarian cancer cells. The longer the mesothelial cells and fibroblasts are cultured together, the more time they have to secrete different proteins including ECM proteins, which can affect the behavior of the ovarian cancer cells. Another important factor to take into account when performing these assays is the differential proliferation rate and expression level of proteins associated with increased adhesion, invasion, and/or proliferation, including integrins, proteases, and growth factors, in each cancer cell line or primary human cancer cell types. The time and number of cancer cells used in each of the functional assays with the organotypic culture needs to be optimized for each cancer cell line or type of primary cancer cell. For example, in the described adhesion assay, ovarian cancer cells could be invading the culture during this time.

Clearly, this organotypic model does not contain all components of the normal peritoneal microenvironment such as immune, endothelial, and adipocyte cells. Additionally, the model depends on the accessibility and availability of primary human tissue, as the primary cells are only used within the first three passages. However, the model has many advantages in its use of primary human cells and incorporation of multiple cell types that have been demonstrated to play important roles in metastasis. This model has been used to investigate gene and protein regulation in within the first three passages. However, the model has many advantages in its use of primary human cells and incorporation of multiple cell types, such as the incorporation of adipocytes. The model has been modified and miniaturized for use in high-throughput screening to identify small molecule inhibitors of ovarian cancer cell adhesion/invasion to the peritoneal microenvironment.
Future applications of this model will include the incorporation of immune cells into the assay, including macrophages for mechanistic studies and high-throughput screening. In summary, the organotypic cell culture provides a useful model to evaluate the interactions between the human peritoneal microenvironment and ovarian cancer cells, with the goal of elucidating important molecular mechanisms of dissemination and disease progression, and identifying potential therapeutic targets.

Disclosures

The authors have nothing to disclose.

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